



Gourmet Braided Bread™

NET WT. 20 oz. (567g)

Apple

(without frosting)

Nutrition Facts

Serving Size 1/10 Braid (47 grams)
Servings Per Container 10

Amount Per Serving

Calories 130 Calories from Fat 20

% Daily Value*

Total Fat 2g 3%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 5mg 1%

Sodium 210mg 9%

Total Carbohydrate 23g 8%

Dietary Fiber less than 1g 3%

Sugars 7g

Protein 3g

Vitamin A 0% • Vitamin C 10%

Calcium 0% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Caramel Pecan

(without frosting)

Nutrition Facts

Serving Size 1/12 Braid (39 grams)
Servings Per Container 12

Amount Per Serving

Calories 140 Calories from Fat 40

% Daily Value*

Total Fat 4.5g 7%

Saturated Fat 1.5g 7%

Trans Fat 0g

Cholesterol 0mg 1%

Sodium 170mg 7%

Total Carbohydrate 22g 7%

Dietary Fiber less than 1g 3%

Sugars 7g

Protein 3g

Vitamin A 4% • Vitamin C 0%

Calcium 0% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Cherry

(without frosting)

Nutrition Facts

Serving Size 1/10 Braid (47 grams)
Servings Per Container 10

Amount Per Serving

Calories 130 Calories from Fat 20

% Daily Value*

Total Fat 2g 3%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 5mg 1%

Sodium 180mg 7%

Total Carbohydrate 24g 8%

Dietary Fiber less than 1g 3%

Sugars 7g

Protein 4g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 6%

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Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Cream Cheese

(without frosting)

Nutrition Facts

Serving Size 1/10 Braid (47 grams)
Servings Per Container 10

Amount Per Serving

Calories 120 Calories from Fat 30

% Daily Value*

Total Fat 3.5g 5%

Saturated Fat 2g 9%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 190mg 8%

Total Carbohydrate 20g 7%

Dietary Fiber less than 1g 3%

Sugars 5g

Protein 3g

Vitamin A 2% • Vitamin C 0%

Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Raspberry

(without frosting)

Nutrition Facts

Serving Size 1/10 Braid (47 grams)
Servings Per Container 10

Amount Per Serving

Calories 130 Calories from Fat 20

% Daily Value*

Total Fat 2g 3%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 5mg 1%

Sodium 200mg 8%

Total Carbohydrate 25g 8%

Dietary Fiber less than 1g 3%

Sugars 8g

Protein 3g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 6%

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Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Frosting

Nutrition Facts

Serving Size 1/10 Packet (10 grams)
Servings Per Container 10

Amount Per Serving

Calories 35 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 5mg 0%

Total Carbohydrate 8g 3%

Dietary Fiber 0g 0%

Sugars 8g

Protein 0g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

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Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

DOUGH:

Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, non-GMO palm margarine (palm oil, water, salt, vegetable monoglycerides, natural butter flavor [milk], sodium benzoate [a preservative], citric acid, vitamin A palmitate added and beta carotene [color]), sugar, milk solids (milk protein concentrate, nonfat dry milk, lactose), powdered egg blend (wheat flour, soybean oil, cellulose gum, whole egg solids, lecithin, sodium bicarbonate, salt, annatto and turmeric), yeast, salt, dough conditioner (wheat flour, dextrose, diacetyl tartaric acid esters of mono and diglycerides [DATEM], contains 2% or less of soy oil, ascorbic acid, enzyme).

FROSTING:

Powdered sugar, water, vegetable oil spread (vegetable oil blend [partially hydrogenated soybean oil and liquid soybean oil], water, salt, whey, vegetable mono and diglycerides, soy lecithin, potassium sorbate and citric acid as preservatives, artificial flavor, colored with beta carotene, vitamin A palmitate added), nonfat dry milk, vanilla.

APPLE FILLING:

Water, high fructose corn syrup, evaporated apples (preserved with sulfur dioxide), modified food starch, sugar, citric acid, salt, sodium citrate, sodium benzoate and potassium sorbate (as preservatives), spices, gellan gum, ascorbic acid, artificial flavor, calcium chloride.

CARAMEL PECAN FILLING:

Brown sugar, enriched wheat flour (bleached wheat flour, malted barley flour, potassium bromate, niacin, iron, thiamin mononitrate, riboflavin, folic acid), vegetable oil spread (vegetable oil blend [partially hydrogenated soybean oil and liquid soybean oil], water, salt, whey [milk], vegetable mono and diglycerides, soy lecithin, potassium sorbate and citric acid as preservatives, artificial flavor, colored with beta carotene, vitamin A palmitate added), pecans, non-GMO margarine (palm oil, water, salt, vegetable monoglycerides, natural butter flavor [milk], sodium benzoate [a preservative], citric acid, vitamin A palmitate added and beta carotene [color]), water.

CHERRY FILLING:

Water, cherries, sugar, corn syrup, modified food starch, sodium benzoate and potassium sorbate (as preservatives), citric acid, salt, red 40, blue 1, natural and artificial flavors, propylene glycol, malic acid.

CREAM CHEESE FILLING:

Cream cheese (pasteurized milk and cream, cheese culture, salt, carob bean gum), water, sugar, food starch- modified, corn syrup, potassium sorbate and benzoic acid and sodium propionate (as preservatives), salt, lactic acid, titanium dioxide (as color), glucono delta lactone, propylene glycol, natural and artificial flavor, polysorbate 80, sodium citrate, gellan gum, glycerin, yellow 5, yellow 6, caramel color.

RASPBERRY FILLING:

High fructose corn syrup, water, red raspberries, modified food starch, corn syrup, sugar, sodium benzoate, potassium sorbate (as preservatives), gellan gum, red 40, blue 1, natural and artificial flavor.

Contains the following allergens: Wheat, Milk, Pecans (Caramel Pecan only), Soybeans, Eggs.
Allergy Information: Manufactured on equipment that processes products containing tree nuts and peanuts.

