



Gourmet Bread Bowls

NET WT. 26 oz. (737g)

Nutrition Facts			
Serving Size 1 Bowl (184 grams)			
Servings Per Container 4			
Amount Per Serving			
Calories 500	Calories from Fat 50		
% Daily Value*			
Total Fat 6g	9%		
Saturated Fat 1g	6%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 1090mg	45%		
Total Carbohydrate 98g	33%		
Dietary Fiber 5g	18%		
Sugars 8g			
Protein 15g			
Vitamin A 0%	Vitamin C 0%		
Calcium 4%	Iron 35%		
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	25g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4

Warming Directions

	Thawed	Frozen
Microwave (Soft Crust):	40-50 sec	60-75 sec
Oven (Hard Crust):	325° for 10-12 min	280° for 20-22 min

Appliances vary – time and temperature may need adjustment.

Shelf Life: See box date label; If thawed, 7 days refrigerated.

Soup and Dip nutrition, ingredients, & directions are enclosed in the bread bowl box.

Ingredients

Enriched Wheat Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Sugar, Powdered Egg (enriched wheat flour, soybean oil, lecithin, egg yolk with added whole egg solids, cellulose gum, a blend of food grade enzymes [lipase, protease, amylase], annatto and turmeric), Yeast, Soybean Oil, Salt, Dough Conditioner (wheat flour, diacetyl tartaric acid esters of mono and diglycerides [DATEM], dextrose, contains 2% or less of soy oil, ascorbic acid, potassium bromate, L. cysteine, enzymes, azodicarbonamide [ADA]).

Contains the following allergens: Wheat, Soybeans, Eggs.
Allergy Information: Manufactured on equipment that processes products containing tree nuts and peanuts.

