



Gourmet Cinnamon Delights

Cinnamon Pull-Apart

Nutrition Facts		
Serving Size 2 Pull-Aparts (57 grams) Servings Per Container 8		
Amount Per Serving		
Calories 180	Calories from Fat 30	
% Daily Value*		
Total Fat 3.5g	5%	
Saturated Fat 1g	5%	
Trans Fat 0g		
Cholesterol 0mg	1%	
Sodium 170mg	7%	
Total Carbohydrate 34g	11%	
Dietary Fiber 1g	4%	
Sugars 19g		
Protein 3g		
Vitamin A 2%	Vitamin C 0%	
Calcium 0%	Iron 4%	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:		
	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat 9	Carbohydrate 4	Protein 4

NET WT. 16 oz. (454g)

Cinnamon Rolls (without frosting)

Nutrition Facts		
Serving Size 1 Roll (88 grams) Servings Per Container 4		
Amount Per Serving		
Calories 270	Calories from Fat 50	
% Daily Value*		
Total Fat 6g	9%	
Saturated Fat 2.5g	12%	
Trans Fat 0g		
Cholesterol 5mg	1%	
Sodium 320mg	13%	
Total Carbohydrate 48g	16%	
Dietary Fiber 2g	7%	
Sugars 16g		
Protein 6g		
Vitamin A 6%	Vitamin C 0%	
Calcium 0%	Iron 10%	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:		
	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat 9	Carbohydrate 4	Protein 4

NET WT. 16 oz. (454g) with frosting

Frosting (for Cinnamon Rolls)

Nutrition Facts		
Serving Size 1/4 Packet (25 grams) Servings Per Container 4		
Amount Per Serving		
Calories 88	Calories from Fat 0	
% Daily Value*		
Total Fat 0g	0%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 12mg	0%	
Total Carbohydrate 20g	7%	
Dietary Fiber 0g	0%	
Sugars 20g		
Protein 0g		
Vitamin A 0%	Vitamin C 0%	
Calcium 0%	Iron 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:		
	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat 9	Carbohydrate 4	Protein 4

Cinnamon Pecan Sticky Buns

Nutrition Facts		
Serving Size 1 Sticky Bun (114 grams) Servings Per Container 4		
Amount Per Serving		
Calories 390	Calories from Fat 105	
% Daily Value*		
Total Fat 12g	19%	
Saturated Fat 3g	16%	
Trans Fat 0g		
Cholesterol 5mg	1%	
Sodium 300mg	12%	
Total Carbohydrate 66g	22%	
Dietary Fiber 3g	11%	
Sugars 35g		
Protein 6g		
Vitamin A 5%	Vitamin C 0%	
Calcium 4%	Iron 9%	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:		
	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat 9	Carbohydrate 4	Protein 4

NET WT. 16 oz. (454g)

Ingredients

CINNAMON PULL-APART:

Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), powdered sugar, water, sugar, margarine (palm oil, water, salt, vegetable monoglycerides, natural butter flavor [milk]), sodium benzoate [a preservative], citric acid, vitamin A palmitate added and beta carotene [color], milk solids (milk protein concentrate, nonfat dry milk, lactose), soybean oil, vegetable spread (liquid and partially hydrogenated soybean oil, water, salt, vegetable mono and diglycerides, soy lecithin, potassium sorbate and sodium benzoate as preservatives, citric acid, natural and artificial flavor, colored with beta carotene, vitamin A palmitate added, whey), powdered egg (wheat flour, soybean oil, cellulose gum, whole egg solids, lecithin, sodium bicarbonate, salt, annatto and turmeric), cinnamon, yeast, nonfat dry milk, salt, dough conditioner (wheat flour, dextrose, diacetyl tartaric acid esters of mono and diglycerides [DATEM], contains 2% or less of soy oil, ascorbic acid, enzyme), vanilla.

CINNAMON ROLLS:

Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, sugar, margarine (palm oil, water, salt, vegetable monoglycerides, natural butter flavor [milk]), sodium benzoate [a preservative],

citric acid, vitamin A palmitate added and beta carotene [color], milk solids (milk protein concentrate, nonfat dry milk, lactose), vegetable spread (liquid and partially hydrogenated soybean oil, water, salt, vegetable mono & diglycerides, soy lecithin, potassium sorbate and sodium benzoate [as preservatives], citric acid, natural and artificial flavor, beta carotene [color], vitamin A palmitate added, whey), powdered egg (wheat flour, soybean oil, cellulose gum, whole egg solids, lecithin, sodium bicarbonate, salt, annatto and turmeric), yeast, salt, cinnamon, dough conditioner (wheat flour, dextrose, diacetyl tartaric acid esters of mono and diglycerides [DATEM], contains 2% or less of soy oil, ascorbic acid, enzyme).

FROSTING (for Cinnamon Rolls):

Powdered sugar, water, vegetable spread (liquid and partially hydrogenated soybean oil, water, salt, vegetable mono & diglycerides, soy lecithin, potassium sorbate and sodium benzoate [as preservatives], citric acid, natural and artificial flavor, beta carotene [color], vitamin A palmitate added, whey), nonfat dry milk, vanilla.

CINNAMON PECAN STICKY BUNS:

Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), powdered

sugar, water, sugar, margarine (palm oil, water, salt, vegetable monoglycerides, natural butter flavor [milk]), sodium benzoate [a preservative], citric acid, vitamin A palmitate added and beta carotene [color], pecans, milk solids (milk protein concentrate, nonfat dry milk, lactose), cinnamon, soybean oil, powdered egg (wheat flour, soybean oil, cellulose gum, whole egg solids, lecithin, sodium bicarbonate, salt, annatto and turmeric), vegetable spread (liquid and partially hydrogenated soybean oil, water, salt, vegetable mono and diglycerides, soy lecithin, potassium sorbate and sodium benzoate as preservatives, citric acid, natural and artificial flavor, colored with beta carotene, vitamin A palmitate added, whey), yeast, salt, nonfat dry milk, dough conditioner (wheat flour, dextrose, diacetyl tartaric acid esters of mono and diglycerides [DATEM], contains 2% or less of soy oil, ascorbic acid, enzyme), vanilla.

Contains the following allergens: Wheat, Milk, Pecans (Sticky Buns only), Soybeans, Eggs.

Allergy Information: Manufactured on equipment that processes products containing tree nuts and peanuts.

